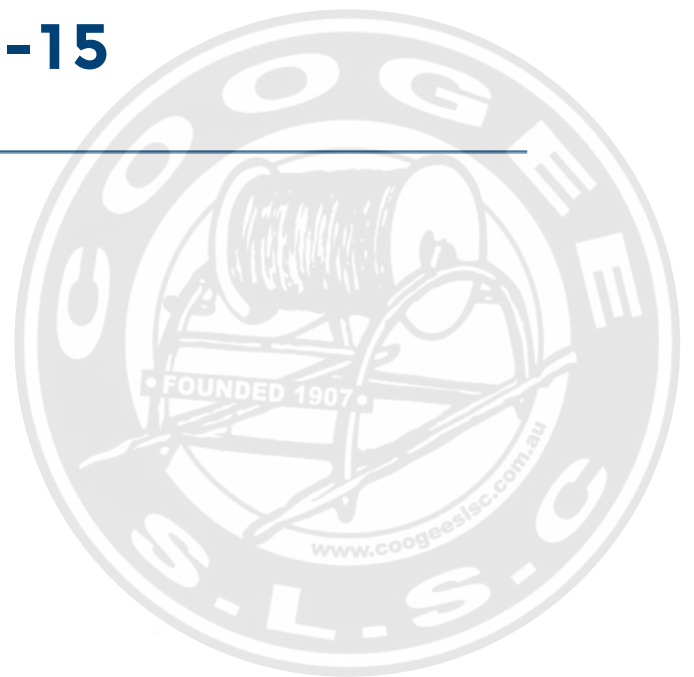




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## ANNUAL REPORT 2014-15

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# coogee minnows

## COMMITTEE 2014-2015

Chairman	Sean Emery
Vice Captain	Steve O'Donnel, Tass Karozis
Secretary	Heidi Roche
Treasurer	Ian Davison
Assistant Treasurer	Kath Fagan
Registrar	Rod Wallace
Competition	Steve Callaghan
WaterSafety	Andrew Tooher
Apparel	Helen Milne & Carmen Wallace
Sponsorship	Henry Tajer
Education & Lifesaving coordinator	Geoff Leong
Gear Captain	Steve Hamer
Gear Team	Mick King, Cathy Hansen, Noel Allsopp
BBQ Team	Jacky and Eugene McHenry and their crew, Bobby and Olly.
Senior Club Delegate	Sean Emery
Branch Delegate	Alan Millar
Fundraising	Craig Sewell

# coogee minnows

## AGE MANAGERS 2014-2015

Under 14	Cameron McAlpine
Under 13	Marcia Brereton & Alan Millar
Under 12	Nick Osler
Under 11	Steve O'Donnell
Under 10	Gary Trenaman
Under 9	Paul Haes & Ben Ashton
Under 8	Sean Wain & Mango
Under 7	Will Charles
Under 6	Jon Harwin & Brendon Smyth



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Gold Sponsors:



SECRET GARDENS

INFINITY

Silver Sponsors:



Surf Camp Sponsor:







### Sean Emery Minnows Captain

At the beginning of this season we set ourselves a number of practical but ambitious goals (see Appendix A). It is important that at the close of season 2014/2015 we spend a moment to evaluate our performance against those targets. To my absolute delight I am in the position to report that with one exception we satisfied (and often exceeded) all of the applicable intentions. This has been another season of outstanding achievements in education, training, development and sporting excellence at Coogee Minnows.

There is always a risk that these outcomes will be claimed by the wrong people. Let me deal with that potential pitfall from the outset. It's the kids stupid! In very large measure the excellence of our members warrants special recognition and applause. From those crazy, rubber-chicken chasing days in the U6, all the way through to temperamental adolescents coping with their SRC assessments, Coogee Minnows are an amazing group of young people who stand head and shoulders above their peers. We are fortunate indeed to be able to spend time in their company during these special years.

The sense of community is strong and an important

lesson for our children that is not a direct consequence of the educational program that occurs on the beach each weekend. Coogee Minnows enjoy the support of a thriving and enthusiastic surf lifesaving club and a simply outstanding body of parent/carer volunteers.

On behalf of the club, the Minnows Committee and Executive I extend our thanks and gratitude for this selfless support and contribution through the season. Many people make extraordinary sacrifices and any attempt to identify everyone will always fall short of the mark. Nevertheless, I offer special thanks to Warwick Everingham, Michael Parsons, Sarah Walker, Jo Quinn, Dave and Cameron Habler, Mick Fagan, Paul Kofod, Andy Bargenda, Chris Gateley, Matt Fernandez, Simon Preston, Rob Illidge, John McDonald, Alex Hilston, Geoff Leong, Mark Andreatta, Paul Stiff, Wayne Penn, Craig Howie, Bec Mister, Rona McNiven, Eugene McHenry, Karen and Tracey in the office and Trudy Jones for their cherished support to Minnows through the season. Thanks are also due to the Patrol Captains of Coogee SLSC, the Council Lifeguards and Randwick City Council.

We enjoy continued and generous financial support from our sponsors. We should all remember these are local business people who deserve our consideration as a meaningful way of recognising their contributions that make an enormous difference. We thank MINT360, Secret Gardens, Infinity Constructions and MLC Advice (Randwick).





The working of all organisations is subject to management. I now turn my attention to the Minnows Management Committee and its Executive team. People who volunteer for committee positions are different. It may be a difference that others regard as madness. It is nonetheless a madness that ensures Coogee Minnows has continued to operate with increasing success and in ways that are quite literally the envy of many other clubs in SLS. Your contributions often go beyond the call of duty. You have been an amazing group of people to work with and I salute you all.

It is customary to pay special attention to individuals who have signalled their time at Minnows has come to an end. I will start by congratulating our U14s on completion of their SRCs and on joining the senior club as patrolling members. I extend this message to the parents and carers who can now perhaps rediscover Sunday mornings as they were once known. I add my thanks to those parents who volunteered their time over a nine year period with this graduating class, to our Junior Captains who represented their peers with diligence and finally Cameron McAlpine who as Age Manager of the mighty grey caps has quietly but efficiently kept it all together and seen them get over the line.

I thank Steve Callaghan who as the inaugural Competition Director has carefully introduced and nurtured an entirely new approach to competition at Coogee Minnows. The

success of this is self-evident and a testament to Steve's leadership. Steve will be replaced by his long suffering apprentice Mark Andrews who we welcome to the Committee.

At a time of increased attention and scrutiny to member safety we are all indebted to Andrew Tooher who this year completes his tour of duty as Minnows Water Safety Supervisor. Andrew I am sure will be remembered for his relentless love everything 'two-stroke', his sage-like wisdom regarding waves and water and his mentorship of the next generation of IRB crew and drivers. Sadly he might also be remembered as the man who introduced inflatable swimming pools to assess swimming proficiencies of U6 and U7 kids. Andrew is so vast a talent that we need two people to replace him and we welcome Craig Ascham and Wayne Penn to the Committee.

Henry Tajer has been a highly effective officer of the club without ever having felt compelled to attend a Committee meeting during the entire three years of his tenure. His charm and panache secured for Minnows a smaller number of higher net worth sponsors, thereby providing a secure financial platform for our operations across a number of seasons. It seems that Henry has decided to take his talents off-shore and we wish both him and his family every best wish for their next great adventure. Kath Fagan has been a rock during her three years as Assistant Treasurer. Having decided quite early in the



# coogee minnows

MINNOWS CAPTAIN REPORT - SEASON 2014-15



piece that supporting Ian with routine transactions was nowhere near enough, Kath quite literally set about creating a role for herself in virtually all aspects of Minnow life. Her numerous contributions have been timely, precise and always tinged with humour and a willingness not to take things too seriously. Kath's financial acumen will be replaced by Andrew Beer and a new role of Events Coordinator will be created to join the Committee.

We will all miss Jackie McHenry enormously. Let's face it Sunday morning breakfast for hundreds of families will not be the same next season. So critical to normal proceedings has Jackie become that near panic set in among my colleagues at the very suggestion Jackie would be away 'this weekend'. We thank Jackie and her family for their extraordinary contributions to Coogee Minnows.

All being well I will shortly hand over the role of Minnows Captain to Steve O'Donnell and in turn this has required some re-arrangements to his current role as Age Manager for the outstanding red caps. Step forward Jo Quinn and Barry Ryan who we welcome to the Committee as the new Age Managers for next seasons U13s. Steve deserves mention for his successes with this fine group of kids and as the outgoing Vice – Captain

at Coogee Minnows. He has been asked during this season to take the reins on several major activities and other than an immediate facial expression that I equate with acute pain or impending violence has always come up with the goods. He has provided sound counsel, utter support for group decisions and backed without public comment the occasional Captains-call. Steve's role as Vice- Captain will be more than adequately covered by Mango.

We also welcome Aiden Byrne as the Age Manager for the new U6 group that will join us in October. As a final modification Rod Wallace and Rachel Garcia will swap their current roles this season. We welcome Rachel who brings considerable experience to the Committee. The life of a registrar could not be harder. There are long periods of relative calm dotted with short burst of what I can only describe as utter pandemonium. We are a big club and already complicated things get amplified under the weight of numbers. During the last few seasons Rod has been charged with a gradual transition to new ways of handling the paperwork that defines membership, training records, certificates and competition registration. He has done this with extraordinary success. What I will cherish the most is his acute sense of knowing when to call it for what it most probably is. Long suffering Committee members who are near exhaustion with diplomacy and being decent among indecent folk could do themselves a favour and ask for a 'Rod Wallace'





assessment - utterly cathartic and absolutely invaluable.

And so to myself. At the beginning of this season I indicated I would not be nominating as Captain for season 2015/2016. As I step down into a less demanding role I can reflect on a period of considerable richness and reward as a consequence of doing something I had never conceived possible. In truth there was little I needed to do given that Coogee Minnows was already a very successful enterprise. I did decide that my attention had to address three things. Firstly, given the depth and wealth of talent at the club, I needed to step back most of time and let those same talented people do their thing without a monkey on their back. I soon acquired the moniker of 'Captain Outsource' of which I am suitably proud. I have witnessed larger numbers of people stepping forward and making substantial contributions and enjoying the recognition and accolade.

Secondly, I needed to invest some time in building meaningful relationships with the Senior Club at all levels. I am delighted that Minnows is increasingly and irrevocably perceived as part of our parent club, we are not a different enterprise and there is simply no profit to be made from making that assertion. There is mutual respect and comfort that I am sure will endure. Along the way I have made some new acquaintances and lost the support of others – I stand by the absolute need for Minnows to operate with reasonable autonomy as part of Coogee SLSC.

Thirdly, I had to tweak some organisational structures to improve opportunities for the kids as well as derive some operational benefits for us all. Our registration process was a thing of mystery, our Age Managers were under incremental levels of pressure particularly relating to competition activities and we spent too much time re-inventing or reacting to situations in the absence of written procedures in key areas. I will leave others to decide whether or not my priorities had merit. Similarly, history will judge (should it care to) whether my approach to leadership has been on balance responsible and worthy.

I reconciled my decision to stand down some time ago. I was comforted by the knowledge that our new Committee led by your new Captain will ensure the best is yet to come for Coogee Minnows. Next season I will be wearing orange and joining Charlotte, Callum and Matilda who have never had my company at the club they cherish and enjoy.

This has been an incredible journey for me. I thank each and every one of you for the support you have provided to me as Captain and to my family during what can only be described as a challenging year or so. I have been humbled and salute you all.

Adieu  
Sean Emery  
Minnows Captain



### Appendix A

### Workplan – season 2014/2015

#### Objectives

We will train outstanding young lifesavers who understand the role of community service and who value fair play, friendship, competition and responsibility.

We will achieve this objective through establishing clear goals, providing trained and responsible personnel who will create and support a safe environment as a paramount concern. We have a duty of care to our membership and our volunteers. We are also operationally and financially accountable to our members and the Management Committee of Coogee Surf Life Saving Club.

#### Goals Education

1. Coogee Minnows will be trained to the standards defined by all applicable SLSA and SLSNSW requirements. The U14 age group will conclude with assessment of the Surf Rescue Certificate (SRC). Our goal is to ensure that >95% of the starting U14 cohort qualifies as SRC graduates for this season.

In addition, we will introduce two more SLSNSW accredited courses for Minnows during this season. This will provide Minnows in the U13 and possibly U12 age groups with opportunities to acquire lifesaving skills (resuscitation and spinal injuries) that would prepare them for their SRC. **Responsible Committee Members(s); Captain, U14 Age Manager, Education Officer. Liaison with Senior Club Training Officer.**

2. We will train >20 adult volunteers to the bronze medallion standard through Dad's Army XV. **Responsible Committee Member(s); Captain, Dad's Army Volunteer Instructors.**



3. We will train all adult volunteers to the required Branch standard and ensure that all such volunteers are financial members of the club. **Responsible Committee Member(s); Age Managers, Training Volunteers**

4. We will train 8 new Junior Officials this season. **Responsible Committee Member(s); Branch Delegate**

5. We will encourage all members to pursue coaching awards and SLSA recognised courses. In some instances we may provide support to encourage participation and completion in these endeavours.

#### Competition

1. We will score >100 points at the 2014/15 Stage Age Carnival.

2. We will support club participation at the Randwick Shield, South Maroubra carnival, Branch and State carnivals. We will consider support to Minnow who wish to participate in SLSNSW carnivals during the season.

3. We will encourage participation, skills development, confidence and fair play at all times during regular Sundays, training groups and carnivals.

4. For selected Minnows we will provide additional training throughout the season.

5. We will maintain policies and procedures related to competition and make these available to all members through our website. **Responsible Committee Member(s); Competition Director, Competition Coordinators, Captain, Age Managers.**

6. We will host the 2014 Randwick Shield on behalf of Clovelly Nippers. **Responsible Committee Member(s); Vice-Captain.**

7. We will hold the Coogee Minnows Surf Camp during January 2015. **Responsible Committee Member(s); Vice-Captain, Captain.**



## Finances

1. Coogee Minnows will remain financially viable.
2. We will exercise judgement and prudence in balancing expenditure with our principal sources of revenue; membership fees and sponsorship.
3. We will support the majority of our operational costs (>60%) from membership fees thereby allowing sponsorship income to be used for infrastructure and other non-recurrent projects.
4. We will comply with all purchasing policies and procedures at Coogee Surf Life Saving Club.
5. We will provide monthly financial reports to Coogee Surf Club.

**Responsible Committee Member(s); Treasurer,  
Assistant Treasurer, Minnows Executive**

## Sponsorship

1. Coogee Minnows enjoys considerable financial support from numerous local and national businesses. These relationships are and will continue to be the subject of formal agreements between Coogee Surf Life Saving Club and another party as appropriate.
2. The specific details in each and every agreement require careful thought and planning. Agreements must be agreed by the potential sponsor, the Executive of Coogee Minnows and the President of Coogee Surf Life Saving Club.
3. We aim to maintain current relationships during season 2014/2015 and explore additional opportunities.

**Responsible Committee Member(s); Sponsorship  
Coordinator, Minnows Executive**

## Registration and proficiency swims

We aim to maintain approximately 1000 Minnows as members. We will operate a written policy for membership that will be available on our website. We reserve the right to decline membership to any applicant and we may also introduce a numerical cap on specific age groups in order to preserve our primary goal of operating safely.





1. All registration for the season 2014/15 will be undertaken using the 'SLSA Life Saving OnLine' system and a customised payment portal developed in 'Trybooking'. As such there will be no registrations days this season since all enrolments will be paper and transaction free.

2. Proficiency days (two) will be held on Sunday afternoons at the pool in the Sport and Recreation facility of UNSW – TBC.

3. Families will be checked on rosters of registered and financial members. Minnows will be asked to go through to the pool area where they will undertake the required proficiency swim for their age group.

4. Upon completion of their swim Minnows will be given a white MINT360 cotton shirt and their new hi-vis pink rashie top.

5. While proficiency swims are occurring, Minnows personnel will 'work the floor' to encourage as many parents as possible to enrol as volunteers (including completion of paperwork and payment of fees -\$58.50).

6. Within one month of our season commencing all registered Minnows (U8-U14) will be asked to complete the open water 'competition proficiency swim'. Any Minnow unable to complete this requirement will not be allowed to compete for Minnows at Surf Carnivals even if they are a sand athlete.

7. Minnows in the U12 and U13 age groups must attempt the Competition Proficiency swim. Any Minnow unable to complete the required distance in a satisfactory time will be encouraged to develop their open water swimming during the season. Minnows in these age groups will be re-assessed at the end of the season. Our goal is to achieve > 90% success with the Competition Proficiency swim in these age groups.

8. Minnows in the U14 age group must complete the required competition proficiency swim as part of their SRC

assessment. Any Minnow in this age group who cannot complete this element of assessment will not be allowed to continue.

## New Members

9. New members in the U6 age group will be asked to attend one of two registration sessions during a weekday evening to be held at the club (downstairs). Recruitment in the U6 age group will be open to all.

10. New members in the older age groups will be asked to attend our 'Proficiency Days' to complete the pool proficiency swims as well as confirm date of birth details.

11. Siblings of existing members, direct family of senior club members and those who have pre-existing approvals to return to Minnows after an absence are also permitted to join as new members in the U7-U13 age groups.

12. All other new members must provide a letter of application before the first Proficiency day. This letter will be assessed by the Minnows Executive and a decision made and communicated to the applicant family in good time. The letter must explain why a child has not previously joined Minnows, what they will bring to the club and why they now want to become members.

13. A separate procedure will apply to potential new members who wish to join the U14 age group. The specifics of this procedure are on our website.

**Responsible Committee Member(s); Executive, Registrar, Apparel Officer, Treasurer and Assistant Treasurer.**

## Merchandise

1. No merchandise will be available for sale during our Proficiency Days. We will display our merchandise and order forms will be available for completion.

2. A website tool will also be developed to allow on-line ordering.





3. All goods ordered and paid for will be collected at the kiosk on weekends in advance of and during the early part of the season.

**Responsible Committee Member(s); Apparel Officer, Treasurer, Assistant Treasurer, Minnows Executive**

## Miscellaneous

1. We will prepare an annual report by no later than July 31st 2015.

2. We will have monthly Management Committee meetings.

3. We will have occasional meetings of the Minnows Executive Committee.

4. We will participate in Senior Club Management Committee meetings as required.

5. We will attend Branch meetings as required.

6. We will comply with all legislated requirements and obligations relating to Child Protection.

7. We will host two or more social events during the season (one for kids, one for parents).

8. We will support the activities of Coogee Surf Life Saving Club.

9. We will maintain a public website

10. We will communicate with members through a variety of different media including newsletters, age group emails and when necessary snail mail.

11. We will ensure adequate succession planning for Committee members and office holders.





# coogee minnows

UNDER 6 REPORT



## Jon & Brendon U6

The season started for me with a simple comment “if your new under six age manager needs help this season I will be happy to help out as my youngest will be starting this season and my oldest (in the red caps) can survive without my help as a age assistant”. “Congratulations the job is yours” said Sean. Thankfully, the ‘powers that be’ thought it is a good idea to have two age managers. A meeting with Sean to find out what was expected and how it was run then both Brendon and myself took the plunge and signed up as the new under six mighty purple cap age managers. Another casual get together with some of the older group age managers with some excellent advice received and we were ready to start the season.

First Sunday on the beach and thanks to new Surf Lifesaving rules, we had to make sure our 5 year old children are all water proficient. With help from a few older group age assistants and a few funny looks from the on-looking parents, we sent all the kids on their first Minnows task. From a standing position in waist deep water, they had to perform a front glide and recover to a secure position. With a lot of complaints about freezing cold water and a lot of encouragement from parents, we successfully got all the children thru and on their way to an exciting year of nippers.





Second priority was to try and get ourselves a group of parents to volunteer as age assistants. We got a great group of parents to volunteer their Sundays and hey presto we had our team off and running. Second Sunday we decided it was easier to put all the kids thru the pools again instead of trying to separate the ones who had not done their proficiency swim. More chaos more complaints of cold water and we made sure all children completed their dive successfully. With more age assistants, this went a lot quicker. By the third week, we were finally ready to start our season proper. Strangely, there were a few complaints from kids that the pools were missing. By this time, the kids were very eager to be on the beach. We are very lucky with our age group to have plenty of eager parents helping out and our water safety providing a visual safety barrier from the north corner swell. The mornings were running great, and without all of us working as a team, there is no way Brendon and I could have done this work. As the weeks went on the kids were eagerly forming lines, staying with groups (although some groups would still grow and shrink throughout the morning) and getting into each activity and having a go.

The behaviour from the kids has been great. Most have shown a real competitive and participative spirit to start off their Minnows careers. Most Sundays I would get requests to do activities next week. High on the list was always whack the rubber chickens closely followed

by dodge ball. Our skills and excitement at flags grew every week, and the routine standard that was achieved by the end of the season will produce some excellent flag competitors in later years. The boys v girls tug of war all ways ended with high fives and bragging rights till the next always whack the rubber chickens closely followed by dodge ball. Our skills and excitement at flags grew every week, and the routine standard that was achieved by the end of the season will produce some excellent flag competitors in later years. The boys v girls tug of war all ways ended with high fives and bragging rights till the next week.

With over 100 children in our group, the season flew by. One last hectic Sunday on the beach with medals and certificates received, it was all over. Until next year. Hopefully we will see all the kids back next season when all of us will be a little bit wiser and a little bit more organised. A few extra parents to help out with water safety would help us to enjoy the fun with some new activities and some of the old favourites we look forward to doing it all again.

Thanks again to all our parent helpers. Look forward to seeing you at Minnows registration for the 2015/16 season.

Jon Harwin & Brendon Smyth  
Under 6's



# coogee minnows

UNDER 7 REPORT



## Will U7

And so the Mighty Lime Caps finish their second Minnows season and have successfully completed SLISA 'Surf Play Two'. A long season, split into two by an unusually long Christmas break, zipped by in the blink of an eye. Race upon race were run, obstacle courses negotiated and squeaky chickens squawked; buckets filled to overflowing, noodles hurdled and dodge-balls dodged. A weekly dose of fun, sun, sand and salt followed by a well deserved sausage or bacon & egg roll lovingly prepared by our barbecue stalwarts Jacky and crew. And then a mandatory afternoon nap. This Aging Manager simply couldn't make it through the remainder of the day without that...

We began the season facing a new and unexpected swimming proficiency requirement for the Under Sixes & Sevens: From a standing position in waist deep water perform a front glide, kick for 3m and recover to a secure position. How to get north of 300 little kids proficient with only a few weeks notice? Do we just throw them into the glacial October ocean at Coogee? Is there a 'waist deep' swimming pool available in the vicinity? True to form, the Minnows Committee (actually it was Ben) came up with an original and imaginative solution — giant, inflatable paddling pools; two of them no less! And so on the first two Sundays of the season we inflated and filled the pools, mustered our Water Safety, lined up all of the kids and swum them from





one end of the pool to the other. All were subsequently recorded as proficient and ready for the season ahead; and that was just our brave Water Safety.

And what a season! Our repertoire of games expanded, activities at the water got a bit more adventurous and we even managed to sneak a few educational elements into the Sunday agenda; despite them more often than not having been disguised as a game. Using lifesaving hand signals in a vain attempt to direct six year old children around the beach never fails to bemuse (and amuse), but hopefully some of them will remember a few of those hand signals as a consequence. Equally a few should be able recall one or two (or all) of *slip, slop, slap, seek and slide*.

We also got our first taste of surf competition. Despite not being eligible for any of the surf carnivals that pepper the season, we did accept a John Mudge Day challenge from the Under Eights to do battle in Beach Sprints and Flags. And the Under Seven kids acquitted themselves admirably; the boys romped home victorious in Flags and the girls dominated the Beach Sprints! So at the end of the day honours were shared evenly between the two friendly Minnows rivals and beach neighbours. This experience will undoubtedly stand us in good stead for next season's Randwick Shield which will be both hosted and organised by Coogee Minnows.

Many thanks to all of our dedicated, ever-patient Under Seven Age Assistants and Water Safety; especially those who joined the Minnows Mums & Dads Army and qualified as Bronzies during the season. A simply outstanding effort from everyone. Your involvement means the world to me, the Club and, most importantly, our kids.

I've said it (too) many times, but it's worth stating again for the record — Coogee Minnows simply *cannot* function without the great many volunteers who drag themselves down to the beach each and every Sunday morning. Please consider helping too, whether it be as an Age Assistant, Water Safety or helping out on the barbecue to feed the hungry hordes.

Now onwards to the Under Eights and the SLSA 'Surf Aware' programme. One more shift southwards down Coogee Beach, and most importantly of all... We're finally allowed into the water! But, each child must first complete a 25m proficiency swim (not timed, any stroke) and a safety float to be eligible for the Under Eights. Keep up those swimming lessons! I hope that everyone has a safe off-season and I look forward to seeing you at the Minnows proficiency days for season 2015-16. I'm eager (as is my almost-seven-year-old) to see the Under Eight kids in their fluoro pink safety vests joining the ranks of the Big Minnows Kids!

Will Charles - Under 7s Age Manager



# coogee minnows

UNDER 8 REPORT



## Sean & Mango U8

This season the white cap under 8's had their first real taste of salt water both on boogie boards, wading and practicing basic water skills close to the shore. It was also their first chance to compete against other clubs in surf carnivals.

Some of the key highlight from the season:

- We were blessed with great weather during the season and not one Sunday was missed on beach.
- Our water safety team, led by Rachel Garcia, were outstanding.
- The age assistants on the sand provided excellent direction and support for the children.
- We managed a very successful Under 8's Randwick carnival with children competing across multiple events.

It is a pleasure to see the progress of the children throughout the year with skills developing, confidence growing and constantly having fun.

There is another big leap next season with open water swimming for the children with the associated tougher proficiency qualification.





Mango and I both are extremely grateful to those core set of parents volunteers who give up their time to help out each week on the beach. We can only once again recommend to all those parents who stand on the sideline to get involved.

Thanks for another great season of Sundays on the beach and in the water.

Sean Wain & Mango  
Age Managers Under 8's (White Caps).







## Ben & Paul U9

Wow what a great season we had, amazing weather from start to finish of the season and all the U9 Nippers really trying to give it a go. The introduction of foam boards and a 150m swim could have found some of the kids wanting, but without exception every one of the mighty U9's gave it their best shot and proved what an amazing bunch of young people we have in our group.

This season started on a beautiful Sunday morning with a 150m swim out to the 'red can'. We had spoken beforehand about the challenges that lay ahead for U9's and both Ben and I were keen to see how our group would go. As you would expect there were a few intrepid faces looking out to sea, but without exception every one of the kids gave it a red hot go. It was actually a very rewarding day and I remember both Ben and I commenting on what a great bunch of Nippers we have this season.

We mixed up our weekend's activities, including all the usual Nippers activities but adding in CPR, First Aid, Board and Tube Rescues and Signals. It may sometimes seem like the educational material is a bit boring but it's so important to introduce the various aspects of Surf Lifesaving at an early stage to ensure our young Nippers understand what is required of them to become Lifesavers at Coogee Beach. It's always amazing to see the calibre of





responses to First Aid questions and witness their ability to absorb all the new information we present to them.

Individual efforts across the season were fantastic and it was wonderful to see so many boys and girls making it into the finals at Branch and State in both the water and sand events. We really are very fortunate to have such a talented pool of athletes and we very much look forward to them all competing again next season.

We would like to mention a few of our U9's group in particular Max Moylan and Annabel Penny as our Age Champions and Cooper Habler and Milly Broughton as our Diamond Man and Diamond Lady. Can we also congratulate Tremeyne Perenara and Megan Cox for being awarded Most Outstanding LifeSaver. We would like to make a special mention to both of our girls relay teams who made it to the finals at State and finished in 2nd and 5th place, a most outstanding result and to Cooper and Max for making the swim finals at State and Taigo Mendes for finishing 7th in Flags Final at State. There are so many other members of our group who we could also mention and we would personally like to thank you all for your outstanding efforts this season.

It is always a highlight of every season to see the group continue to develop and grow in confidence and skills and the enthusiasm shown by all the U9's season was absolutely infectious.

We would also like to pass our thanks once again to all the magnificent age assistants and water safety, who without their tireless effort every week, nippers would not be able to proceed.

Thanks for a great season. We look forward to welcoming you back on the beach next year.

Paul Haes & Ben Ashton







## Gary U10

Hard to believe that this was the group of green 'Greenies' who dominated the beach in the 2010/11 season as U6s. These Greenies have all made such tremendous progress towards our end goal of developing ocean confidence and Surf Lifesaving skills. Along the way they have all managed to have had a bit of fun at the same time.

We worked hard at our skill development. The the water was a key focus and at every opportunity we got out on the foam boards or achieved an ocean swim, typically further and faster than last season. We're at a stage now where all U10's can swim well past the break and navigate a return to shore on a foam board without eating the sand. In addition we became so much better with our signals and began learning about emergency care management - DRSABCD.

Of particular note was the achievements in the '8am Skill Development group', which met each Sunday before Minnows for some additional ocean swim and board practice. All have routinely defied expectations and all achieved their goal of a 300m ocean swim with their faces (mostly) in the water. A spectacular effort.

Congratulations also to our many competition representatives. We sent a team of 19 U10s to Branch competition and 16 U10s to NSW State competition plus a small army of Greenies to Randwick Shield and South





Maroubra competitions. The level of participation and enthusiasm was outstanding. While we came home clutching a few medals, the unanimous accolades for the effort, patience, teamwork and perseverance of the Branch and State representatives demands special note. You are a tribute to your club.

Special thanks to all the volunteers over the season including those that have helped on the BBQ, helped with beach setup, marked the roll, counted kids in and out of the water, sold raffle tickets, marshalled kids at carnivals, stepped up to an Age Assistant or Water Safety role or helped in any other way. Your support is critical to the smooth(ish) running of each Sunday. Minnows is truly a team effort.

As is clear every Sunday, safety is paramount to Coogee Minnows and I'm happy to report no major injuries over the season thanks to the diligent efforts of our volunteers. Next season we'll need you more than ever - so please, if you're on the beach watching your kids, put your hand up for a volunteer role. Next season we will especially need more Age Assistants and Water Safety personnel as we implement our recently articulated action plan.

This season, the enthusiasm and skill of the U10 Greenies surpassed all expectations and I repeatedly heard parents and others reflecting on the enormous progress made since we took to the beach five years ago. Next season is another big step up for the kids to

the U11s. Please don't underestimate the fitness and skill that will be required. Keep your kids going to swim class and get them to the beach as much as possible - at least a dozen times before September. We have a lot to cover next season. Bring on summer.

Gary Trenaman  
Under 10's Age Manager







## Steve O'Donnell U11

The 'Mighty Red Caps' continued to develop into a wonderful group of young lifesavers this season. The conditions this Summer were challenging almost every week with some big swells, dumping waves and a more difficult program that pushed our U/11 Minnows to improve. This they did with the usual tenacity and determination as well as maturing into an amazing group of young men and women.

Our Age Assistants and Water Safety did an incredible job every week and often put themselves in harms way to ensure our boys and girls were safe. I would like to personally thank you all for your magnificent efforts and the smiles on the faces of this group every week was testament to what you always do for this group. To see so many swim the distances they achieved was brilliant and in particular the improvement in our board paddling skills was most impressive. We still need to keep working on catching waves and I know those that tried the longer foamies enjoyed that challenge also.

As in previous seasons we were dominant on the sand at both normal Sundays and at carnivals. Whilst we didn't medal at the State carnival we had many finalists in both sand and water events with Umina throwing up its' typical weather. At the Branch carnival we secured a number of medals and was just reward for the coaches and





competitors. The Surf Education knowledge of this group is incredibly high and despite throwing new and more advanced skills at this group they picked these up and mastered these skills with ease. I am already confident that they will be some of the best Lifesavers that the club can produce and continue a history of excellence at Coogee SLSC.

I want to say a big thank you to the Minnows committee and the Executive for all of their support during the season. I also want to thank all of the parents for their continued support. Most of all I want to thank the red caps for the past 6 seasons of absolute joy that keep us all coming back. There is no other activity in the world that offers what Surf lifesaving can and to be part of the biggest club in the world is something special.

On behalf of the U/11's I also want to say thank to those members of the Minnows group who are finishing their time with us. I am moving up to the position of Minnows Captain next season, which is an exciting challenge. Whilst I am looking forward to this new role, it caused me great angst to not be able to take this group through to their SRC. However, I will still be closely involved with the red caps and would not have taken on this new role unless I knew that this group would be well and truly looked after. This they will with Jo Quinn and Barry Ryan taking over the Age Manager roles. Both Jo and Barry already do so much for this group and the Club and they

will do a stellar job. I would ask that all members of the red caps and all of the parents show them the same 'love' that you have shown me.

I cannot wait to see you all again on the beach next season and once again strongly encourage you to keep up the swimming over winter.

Steve O'Donnell  
U/11 Age Manager













# coogee minnows

UNDER 12 REPORT



## Nick U12

It was probably sometime during my second viewing of the third season of Baywatch, a show which highlights many surf lifesaving techniques in great depth coupled with underrated dramatic flair, when it hit me in the face like a wet fish. What's with the incorrectly folded sash around the tube? Who signals return to shore like that? I was close to losing a little respect for the script-writers but then I realised – not a single Coogee Minnows gold cap has ever been consulted by the director of Baywatch on surf lifesaving techniques, so Baywatch was pretty lucky to ever make it to the silver screen in my view. Although there were some incredibly realistic surf rescue scenes – particularly that one where the surfer gets eaten by a jellyfish living in a giant cave.

So another season wrapped up and one where the gold caps are really starting to shine. Board skills are impressive, confidence in tackling tube and board rescues sky-high, and years of doing DRSABCD means the kids are building a good base for their SRC in 2 years time.

I'd like to make a special mention to a small group of Cameron McAlpine's U14 girls, led by Isabelle Nixon, who spent much of the second half of their season assisting the U12s water safety team. They are a terrific group of girls and their friendly and competent assistance reminds





you of what a good thing we have going at Coogee Minnows.

A big thanks to all the U12 water safety and age assistants – not only are you fantastic at what you do – but you are all so likeable. Thank-you Michael and Sara, Mark, The Kav, and the rest of the crew. Coogee is my third surf lifesaving club over 40 years and I'm constantly amazed at how it all comes together so well each week. Finally a quick thankyou to ex-Maroubra Nipper's Greg Bodkin (Eliza's dad), whom we've manoeuvred into a bit of a technical coaching role. Maroubra's loss – our gain!

Competition is always electric in the gold caps – congratulations to all our Age Champo winners, those who competed at various carnivals, and the U12 representatives at the State titles in Umina. I'm not even a parent of our boys beach relay team but was ecstatic and relieved to see Asher Wilson, Hugh Johnson, Adam Beer and Hugh Melville finally nail a relay race in the final at State and collect silver after years of "miss-firing". We can all rest easier.

Enjoy the "off-season" and see you next Spring.

Nick Osler





# coogee minnows

UNDER 13 REPORT



## Marcia & Alan U13

During the 2014/2015 Minnows season it was evident the mighty under 13's are well prepared and on their way towards their Junior Surf lifesaving goal of successfully completing their final year Surf Rescue Certificate (SRC) endeavors.

Alan and I were delighted to see the U13 group step-up during the season with a lot of enthusiasm whilst demonstrating and using their surf lifesaving skills with purpose and confidence. It was also rewarding to participate and witness a changing attitude during the season as the group are about to embark on their SRC season.

The weather did not do us any favors this season however we were able to successfully complete our U13 age group program, despite losing a few Sundays. Needless to say the children's surf lifesaving competencies further developed and matured during the year which Alan and I were delighted to be a part of.

Our various U13 Carnival representatives improved significantly under the direction and guidance of Steve Callaghan. During the 2014/2015 season the U13 competition representatives posted a number of improved results in both sand and water to that in previous years.





We are particularly proud of, and our sincere congratulations go to the U14 R&R Team who won Gold Medal at State this year. The R&R discipline is sometimes a forgotten part of Life Saving, however requires unique timing, team work and clinical skill - a very big thank you to Chris Gatley in achieving this for the Club.

A very special mention to all the tireless volunteers that come down each week to guide and nurture our under U13 group, as without their support and commitment our Sundays on the beach simply would not materialize.

With less than six months to go as the kids embark on the last SRC year, it is a truly wonderful achievement as this final year brings together and consolidates all the earlier years of Sunday morning training and putting up with me. We are looking forward to seeing this kids successfully complete their final SRC year as they transition into outstanding Coogee lifesavers.

As most of you know, Alan and I are privileged and delighted to be leading the U13 group (kids and parents) as part of the wonderful Coogee Family, and we are both looking forward to being actively involved in the upcoming SRC year.

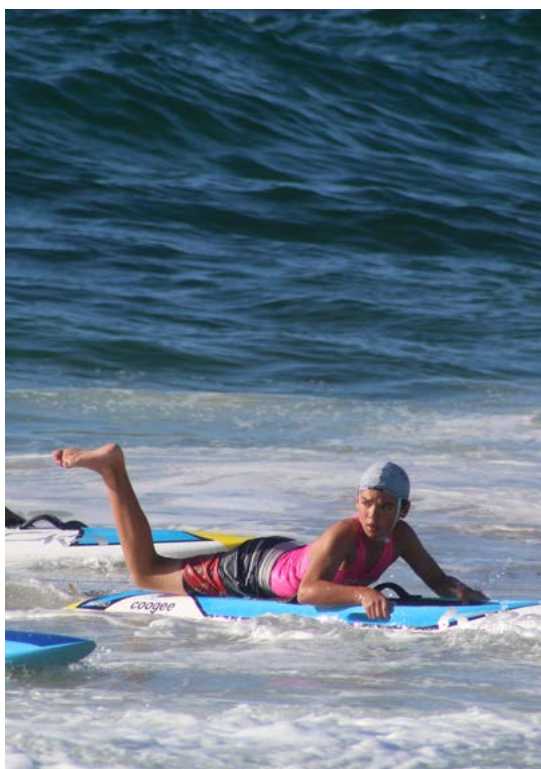
On a personal note, thank you to all the parents for

allowing me to guide your child - each and every one of you is unique, and I can't wait for you to bring those beautiful smiles back to Coogee beach for your last Nipper season.

October SRC here we come !  
Marcia Brereton & Alan Millar







## Cameron U14

Our last season after nine fantastic years of Nippers! The season commenced at a frenetic pace as we had so much to complete in a short amount time so the kids could attain their Surf Rescue Certificate (SRC) and become junior surf lifesavers – WOW!

We had the impeccable and efficient duo of Mark Andretta and Geoff Leong as the lead trainers for our group and as in past years these two gentlemen did not disappoint in preparing our kids for all the challenges ahead in completing their SRC.

In general we had good conditions for our Sunday training sessions and the kids were pushed all the way by Mark and Geoff who were ably supported by the ever dependable water safety and age assistants.

The theory sessions were hard going at times due to the nature of having to do them during the school week, in the evening and during the exam period, though the kids were outstanding and again the support on these evenings from the parents was incredible – thankyou.

Then came the days when it all counts. Firstly there was the theory assessment (Part A) and as it goes this was challenging at times as some assessors see it differently





to others and with the kids being nervous but being well prepared they didn't disappoint. Then came the day of the practical assessment (Part B) with the sun shining and conditions early on looking good. All gathered and were raring to go with some nerves no more than the age manager who was the most nervous and emotional of all. All achieved the run swim run with ease with only one hiccup which was quickly overcome and then Mother Nature decided to make the conditions more challenging and this is when our kids shone and showed us what they were all made of. They all passed sensationally and now wear the red and yellow proudly.

Well done to all the kids and again to Mark, Geoff, water safety and age assistants!! Now with 60 Junior Lifesavers the second part of the season was always going to be a challenge to keep them focused on the remainder of the season. The second part of the season saw the carnivals start in earnest with as always our kids showing great enthusiasm and commitment. We had great results at the Branch and State Carnivals. Then some of the under 14 competitors completed in senior carnivals and at the Aussies with some great results attained.

It has been a memorable time and I am so proud of all the kids and what they have achieved in the time being involved with Nippers. It is wonderful to see so many of

them so committed to doing patrols and seeing them in the red and yellow. I trust this continues with the support of the parents in the future years.

I would like to thank the Nippers Committee for their ongoing support throughout the nine years of the grey caps and the wonderful support of the parents. I look forward to seeing you all on the beach again.

All the Best!!  
Cameron McAlpine







### Isabella Slattery - Junior Captain

My years as a Coogee Minnow were so long but felt so quick, as I grew each year I learnt new skills and developed to be a coogee SRC, when I started in the under 6's I was new and unsure of what to do but I found friends and a loving community that guided me all through to the under 14's. Today I now know how to rescue a patient, using all different techniques (such as the boards and tubes). And if it wasn't for Coogee Minnows I would be down the beach with my friends being the patient getting rescued.

There are a couple people that have made my journey as a coogee minnow so much easier as it would have been.

First of all Cameron: Cameron has been the rock to our under 14's squad and I couldn't have imagined what it would have been like if someone else had offered to take the under 6's when we first started. Cameron has a wonderful heart and doesn't pick favorites, he is very calm even when the boys are mucking up and he has taught each and every individual in our group how to survive in the water. Thankyou so much for making all of our lives easier than our journey should have and thankyou for teaching us what true, respect is.

Also I'd like to thank Elise on the roll every morning, veronica and Gareth for helping when Cameron is away, all of our water safety for helping me get through the swim ha-ha, Sean and Taz for being great minnows captains and encouraging us to do the right thing, to Mark and Jeff for getting us through the SRC and to everyone apart of the coogee SLSC club for making the experience of nippers being so much better.

Last but not least I'd like to thank my family for supporting me through my journey and dropping and picking me up each Sunday. They take me to Carnivals and support me all day even in the rainy weather they watch me compete. I am so thankful to have a Family like mine and I'm glad it wasn't any other way.

Even though my time in Coogee Minnows are over I am sure that I will be a part of the club my whole life. I will still compete for the club and I am sure that I will go for my bronze when I am ready. I am glad that I joined nippers and I am glad that I have made many new friends along the way these friends will be friends forever.

Thankyou.  
Isabella Slattery  
Junior Captain







## Finn Emery - Junior Captain

On behalf of the under 14's I would like to congratulate everyone on getting through another fun filled year on the beach.

I would like to start off by saying thank you to some of the parents/volunteers in my age group for helping tremendously throughout our time in nippers.

Firstly to Cameron (McAlpine) - thank you so much for helping and guiding us through our time in the grey caps. Thank you for not giving up on us boys as I know we can be a pain in the bum. Cameron, at the start of nippers I had no idea who you were but after a couple weeks of me bike riding around the neighbourhood I stumbled across your house and I can still remember the chat we had for about 20mins on the porch of your house. Six years later I have a relationship with you where I can talk to you and discuss whatever I need to talk about or get off my chest.

Elise (Robinson) thank you for always making sure our names were marked off for the start of nippers and for competition days. Thank you for also coming to nippers with a huge smile and always talking and helping us whenever we needed it.

Thank you Cherie (Griffiths) for organizing many events in our final year of nipper's. Thank you for organizing the

U14s end of year party as everyone had a great time. Thankyou Gareth (Jones) for filling in for Cameron. Thank you for keeping us in line even though we thought 'yes Cameron's away - let's muck up! '

Thankyou water safety for all your help. I don't think anyone would enjoy nippers as much if we didn't have you there to support us, especially when the conditions are difficult.

Thankyou Mick Fagan for organizing and helping us with our competition this year and every year. Thank you for the time you put in for us. You brought out the best in us to make us the best individual and team competitor's we could be.

Thankyou Jacquie (McHenry) for always being on the barbie and giving everyone a cheap and delicious bacon & egg roll or sausage roll after nippers.

I would also like to thank Mark (Andreatta) and Geoff (Leong) who may not be here today. Thank you to both of you for getting us all through our SRC this year. I know that getting through that final stage of nippers was clearly a challenge for us, but we did finish and were successful and that now everyone is enjoying patrols. I would also like to say thank you to the two Captains of Minnows who have served during my time. To Tas (Karozis) and to Dad - thanks for taking us on.





My years at nippers wouldn't have been possible without the help of my parents Julie and Sean. It all started at the age of 7 my first days ever on the beach and I knew no one. If it wasn't for my parents with their outgoing spirits and meeting new people I don't think I would've continued nippers. As I worked my way through nippers and meeting new people, I began to get more confident with myself. Soon I knew everyone in my age group and was having the time of my life. Times have been a bit tough these last couple of years with the boys growing up and getting difficult to control, but I can always rely on my Dad to scare the living daylight out of them with his tremendous shout!

Although these last two years were a challenge with my behaviour and some of the decisions I made, I still think nippers and surf live saving was the one place I could be comfortable and at ease outside of my home and my family. With the competition came both social and mental challenges that you were faced with; whether it would be big surf and the water safety scattered around the beach and the boys on the shoreline screaming 'oooooo' whenever someone nosedived and got smashed. Or when you have been training all year for an event, and then something happens and you don't then get the place you had hoped for. These are just two examples of some of the challenges that you are faced with as a nipper.

I would like to thank everyone in Coogee nippers who





competed and represented Coogee at the State and Branch carnivals. I would also like to wish all those competitors who are venturing up to the Australian titles in Kirra the very best of luck and safety for your competition and events.

My competition side of nippers would not be possible without my Dad, Mick Fagan and Cameron Smart. These are just some of the people that not only help out with the competition but they help me out in ways that mean so much to us, these reasons being my dad giving me the lecture on how to perform and what I should do in my race. He usually rounds all of this advice off with a dinner that he prepares for us which is often a huge serve of pasta. Cameron I'm so glad I met you because of the help you give me and your knowledge and understanding of these carnivals is extraordinary. I would like to sincerely thank you for your contribution to me and other fellow competitors particularly in driving us all from point A to point B, letting us scavenge and eat all your food in your glorious Esky and letting us know when our next events are on. I know I can be a pain but I just wanted to say thank you for everything that you have done.

I would also like to sincerely thank Mick Fagan. Now Mick - not only do I enjoy you and my Dad having a chat but it's the fact that he is so much more peaceful and enjoyable after you talk to him! Thank you so much

for that. I would also like to thank you for putting teams together for the Coogee Minnows. It means the world to all the age managers I know, and it makes nippers run a lot smoother and I thank you for that.

All of my achievements have been supported by my peers, volunteer trainers, mentors and parents. I cannot imagine what my life would be without these amazing people. They help me out, they help the club out, they help our parents out and most of all they help you out. Surf Life Saving is a wonderful thing to be involved with. I would like to say that I hope to continue supporting our Coogee Surf Life Saving Club as a senior member and I value all of the lessons I have learned from being a nipper. It's a great thing to have experienced from such a young age and I have made lots of great friends.

I can only wish the best for the future generation of kids in Coogee minnows and that you make all of us proud with your achievements. I wish the U8, 9, 10, 11, 12, 13 and future U14's a happy and safe journey throughout your surf Life Saving career and I hope you enjoy it as much as I have.

Finn Emery  
Junior Captain



### Training & Competition Report

The 2014/15 season promised much but delivery was thwarted by large swells which robbed our aquatic competitors of the chance to display their skills at the Sydney Branch carnival and for some at the State Titles. Training for the season began well before the 1st day on the beach with both sprint and board training sessions taking place for invited participants during September. The logistics and coordination associated with running these training sessions requires input from coaches, parents and competitors and at the start of the season most are keen to get back into the swing of things.

This year we ran training programs for beach, board and swim disciplines on an invitation/qualification basis for kids who had been identified as being up to the standard to be able to represent Coogee at surf carnivals.

#### Coaching

The following coaches must be acknowledged for their tireless contribution to the development of the talent pool which exists in our club:

Sprint Training-Michael Parsons with plenty of support from Sara Wilson, Simon Preston, Paul Kofod & Michael Fagan.

Flags - Simon Preston

Surf swim skills - Matt Fernandez & Dave Habler

Boards - Dave Habler, Andrew Tooher, Ian Davison,

Cameron Habler & Rob Illidge

R&R - Chris Gately the with assistance of John McDonald

The moral support afforded our kids by all parents involved is also greatly appreciated. We all know that it's not easy getting your kids to listen to what wisdom you wish to pass onto them, however when another Mum or Dad explains the same technique or tip it seems to take on a greater importance!

The energy which parents inject into the Club through positive encouragement at training sessions and Sundays

on the beach is an important part of our competitive psyche. We need to perennially reinvent this support and in this vein any new blood in parents ranks is welcomed!

#### Competition Results

##### Randwick Shield

Our competitors performed admirably in November at Coogee Beach with many teams collecting medals. On a positive note the weather held out and host club Clovelly were able to complete all events, unlike last year when it was rained out. In other events Coogee's strength within the Randwick District was demonstrated by many clean sweeps in the surf and on the sand.

##### South Maroubra Carnival

Coogee sent a healthy team to the South Maroubra Carnival in early December to get some much needed competition exposure. This was a great stepping stone for many competitors to kick-start their season with clubs from Bate Bay and Waverley Districts being involved. The beach relay teams performed well and there were a few individual medals won as well.

##### Sydney Branch Carnival

The Sydney Branch championships were held on Sunday 15th February 2015 at Maroubra. We planned to send a big team but the big seas meant that water events were cancelled the day before the carnival, meaning it was to be sprints, flags and relays only. Our team performed admirably, securing 8 gold medals, 6 silver and 9 bronze.

Gold medals were won by the Under 15 Girls 5 person R & R team, the Under 14's boys beach relay team, Will Fagan in the 14's boys sprint, Asher Wilson in the Under 12's boys sprint, the Under 12 girls beach relay, Under 11's girls beach relay, Under 10's boys beach relay and Eden Levit in the Under 9's girls sprint.









### State Age

The planning and executing of the logistics for State included ordering of state team gear, age group and team selections as well as 600+ competition entries. A big thank you to the Exec, Competition Co-ordinators, Age Managers & Apparel Team for their support. Special mention to our Registrar Extraordinaire Rod Wallace who had the unenviable task of inputting 600+ carnival entries.

Easily Coogee's largest nipper team ever travelled to the State Titles at Umina Beach on the first weekend in March. This eclipsed last year's record breaking team size with 120 competitors entered. Due to the king tides many 1st day events were postponed & our kids had to wait around for up to 8 hours to compete. This effectively compressed the carnival into 2 days.

Jake Andrews, Ethan Illidge, Marcus Littlejohn and Alfie Ashton were unlucky in the 12's boys surf teams event to not get a medal, finishing 5th.

The waves were very big at times throughout the weekend and special mention goes to the bravery shown by the Under 10's girl's board relay team of Mila Folsom, Gemma Gillis & Kate Johnston. They did themselves and their families proud just by competing in these conditions.

The Under 10's boys board relay team of Max Tanner, Tom Walker and Leo Astridge were also very impressive in extreme conditions. It was great to see our Coogee kids step up to the challenge across the all age groups!

Congratulations go to the Gold medal winning Under 13 R & R team (5 person ) of Samantha Gately, Grace McDonald, Eliza Twomey, Chloe Walker and Bianca Wallace. Silver medals were won by the Under 9 Girls beach Relay team (Jasmeen Janschek, Eden Levit, Annabel Penny & Emma Silvestri), the Under 10's Boys beach relay team (Leo Astridge, Aron Galambos, Ryan Harper & Ethan Smith,) and the Under 12's Boys beach relay team (Adam Beer, Hugh Johnston, Hugh Melville & Asher Wilson). Asher Wilson continues his run of medal winning performances at State by claiming bronze in the

beach sprint. Asher has won a medal at State every year since 2011 when he was in the Under 8's!

This carnival marks the swansong for State competition for our Under 14's athletes who achieved top 6 placings at Umina: The boys beach relay team Will Fagan, Max Abagi, Oliver Jackson & Dominic Augoustis placed 6th whilst the girls beach relay team of Junior Captain Isabella Slattery, Catherine Brown, Mina Brcic & Mia Gastelaars placed 5th.

A special mention goes to Catherine Brown and Mia Gastelaars from the Under 14's who also won a gold medal competed up in the Under 15 beach relay team at the State Open Carnival on the weekend after the Age Championships.

Many thanks to all the kids and their parents who endured the 4 seasons in one weekend that only Umina seems to be able to offer on the 1st weekend in March. I look forward to a time when the State Titles can be held on a beach that does not disappear at high tide!

### Girls 5 person R & R team win 5 gold medals.

Samantha Gately, Grace McDonald, Eliza Twomey, Chloe Walker and Bianca Wallace managed to win 5 gold medals competing in the Under 15's events at the North Cronulla, Freshwater, Coogee, Maroubra (Sydney Branch) and Umina (State Titles) Carnivals.

Many thanks to the endless hours of training put in by the girls and their dedicated coach Chris Gately.





## National Youth Championships

We are sending a small team of 9 from the 14's to compete in the inaugural National Youth Championships at North Kirra in early April. The team is Junior Captain Finn Emery, Isaac

Toohar, Hayden Smart, Chloe Finch for water events and Catherine Brown, Mia Gastelaars, Will Fagan, Sam Kofod and Dominic Augoustis for sand events. These competitors have been training consistently throughout the season and we wish them well at North Kirra.

We will continue to develop our craft and water competitors with the focus on developing teams in these areas. Whilst the Minnows are able to draw upon the coaching resources and experience within the senior club we desperately need more parents within the craft and water areas to step forward and provide co-ordination, logistics and management of the competitors at club carnivals and training.

Finally a big thank you to our Club President Matt Scanlon, Minnows Captain Sean Emery, Club Captain Tass Karozis and their respective management teams, without whose support our Minnows could not compete.

All in all it has been a good year for the Minnows on the competition front and I step aside to allow my Apprentice, Mark Andrews to take the reigns as Competition Director next season.

Steve Callaghan





Junior Captains

Isabella Slattery  
Finn Emery

Best Club Person

Jo Quinn  
Geoff Leong

Best Team In Competition

NSW State Age Championships 2015  
Best Team in Competition  
U12-14's 5 Person R&R – 1st place  
Chloe Walker

Bianca Wallace  
Samantha Gately  
Grace McDonald  
Eliza Twomey  
Chris Gately (coach)

Perpetual Trophy 2015:  
Best Individual in Competition

Asher Wilson







# coogee minnows

SEASON 2014-15 AWARDS



## Coogee Minnows Age Championship

U14 – Male

- 1 Edison Tooher
- 2 William Fagan
- 3 Dominic Augoustis

U14 – Female

- 1 Nicola Jones
- 2 Chloe Finch
- 3 Mia Gastelaars

U13 – Male

- 1 Angus Beer
- 2 Brock Preston
- 3 Khai Avila

U13 – Female

- 1 Arabella Hammond
- 2 Ashley Preston
- 3 Kelly Callaghan

U12 – Male

- 1 Jake Andrews
- 2 Asher Wilson
- 3 Alfie Ashton

U12 – Female

- 1 Alexia Osler
- 2 Heidi Astridge
- 3 Sophie Woodhouse

U11 – Male

- 1 Bailey Habler
- 2 Nicholas Quinn
- 3 Charlie Moore

U11 – Female

- 1 Alexandra Davison
- 2 Alice Mourant
- 2 Charlotte Milner
- 3 Jordan Eckersley

U10 – Male

- 1 Leo Astridge
- 2 Mikey Ho
- 3 Thomas Walker
- 3 Max Tanner

U10 – Female

- 1 Abigail Minchin
- 1 Mila Folsom
- 2 Lucy Andrews
- 2 Tamara Agabi
- 3 Tara Boyd

U9 – Male

- 1 Max Moylan
- 2 Finn Wilke
- 3 Eden Byrd

U9 – Female

- 1 Annabel Penny
- 2 Yasmeen Janschek
- 3 Milly Broughton





## Coogee Minnows Ironman

U14 – Male	1st	Hayden Smart
U13 – Male	1st	Vasco Santos-Dwyer
U12 – Male	1st	Jake Andrews
U11 – Male	1st	Xavier Waugh
U10 – Male	1st	Leo Astridge
U9 – Male	1st	Cooper Habler

## Coogee Minnows Diamond Lady

U14 – Female	1st	Chloe Finch
U13 – Female	1st	Arabella Hammond
U12 – Female	1st	Heidi Astridge
U11 – Female	1st	Maisie Evans
U10 – Female	1st	Mila Folsom
U9 – Female	1st	Milly Boughton

## Coogee Minnows John Mudge Winners

13-14's Male	Edison Tooher
13-14's Female	Arabella Hammond
11-12's Male	Hugh Melville
11-12's Female	Sophie Woodhouse
9-10's Male	Aron Galambos
9-10's Female	Yasmeen Janschek
9-10's Female	Sarah Pignatelli





# coogee minnows

## SEASON 2014-15 AWARDS

Category	Female	Male
Under 8's Trophies		
Most Outstanding Effort in Water	Tali Baltineshter	Connor Boyd
Most Outstanding Effort in Sprint	Juliette Gray	William Pickthall
Most Outstanding Effort in Flags	Emily Matheson-Raynor	Sebastien Elizondo
Age Managers award	Grace Ingham	Noah O'Keefe

Under 9's, 10's, 11's, 12's & 13's & 14's

### Most Outstanding Effort in Flags

U9's	Trinity McPherson	Taigo Mendes
U10's	Madeleine Bald	Mike Giannikouris
U11's	Scarlett Graham	Stefan Gemisis
U12's	Maya Saad	Nick Elizondo
U13's	Isobel Funnell	Kai Chowdhury
U14's	Grace Johnson	Alex O'Reilly

### Most Outstanding Effort in Beach Sprint

U9's	Eden Levitt	Finnian Burns
U10's	Arawyn Sperling	Kane Sheppard
U11's	Meira Jackson	Jude Sedley
U12's	Annabelle Wendler	Adam Beer
U13's	Alexandra Deas	Archie Cugin
U14's	Senna Gulden	Patrick Kite

### Most Outstanding Effort in Surf Swim

U9's	Layla Sheppard	Joshua Fernandez
U10's	Ashlyn Palm-Manning	Harry Dihm
U11's	Jade Gillis	Callum Emery
U12's	Paityn Collins	Marcus Littlejohn
U13's	Daniella Hillston	Simon Peyrachon
U14's	Caitlin Hansen	Zak Pluta





Category

Female

Male

### Most Outstanding Effort on Board

U9's  
U10's  
U11's  
U12's  
U13's  
U14's

Frances McMillan  
Jessica Smyth  
Anneliese Smart  
Tegwen Philmara  
Libery Corbett  
Sophia Hardwick

William Waugh  
Angus Hughes  
Finn Pell  
Sam Trustrum  
Darcy Hadlow  
Marcus Karozis

### Age Managers Awards

U9's  
U10's  
U11's  
U11's  
U12's  
U13's  
U13's  
U14's

Leilani Harwin  
Cate Kyling  
Jemma Griffiths  
  
Maisie Knight  
Lily Havebond  
Evie Doane  
Emma O'Sullivan

James Nestor  
Van Larkin  
Riley Lamont  
Filip Pluta  
Beau Glass  
Brendan Tesoriero  
  
Will Davison

### Most Outstanding Lifesaver in Age Group

U9's  
U10's  
U11's  
U12's  
U13's  
U14's

Megan Cox  
Katherine Johnson  
Ruby Thomasyu  
Hannah Fulton  
Emma Askem  
Olivia McAusland

Tremayne Perenara  
Daniel Kavanagh  
Thomas Brcic  
Giulian D'Ettorre  
Conor Magee  
Rohan Robinson











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